



**ST. TROPEZ**  
**Airport**  
UV-Free Spray Booth Tanning

**CREATIVE**  
NAIL DESIGN™

**dermalogica**  
A skin care system researched and developed by The International Dermal Institute

## Treatment Menu

### SPRAY TANNING (DOWNSTAIRS IN THE OASIS LEISURE CLUB)

UV-Free Spray Tanning from the celebrities favourite. Enjoy a St.Tropez tan in your lunch break. A complete overall tan in just 10 minutes.

#### Automatic Application **£26.50**

Enjoy a St.Tropez Spray Tan in the state-of-the-art Airport tanning unit. Step into the unique booth with a downward airflow designed to keep you warm and comfortable during your treatment where St.Tropez Spray Tan is applied from airjets within the pod.

#### Manual Application **£32.50**

As a manual spray system, the results can be tailored to suit the individual requirements of a client, leaving you with that golden, flawless tan worn by the stars.

Royal Beauty

St. Nicholas Street, Scarborough, North Yorkshire YO11 2HE

**Telephone: 01723 373 843**

Email: royal.beauty@englishrosehotels.co.uk

#### Opening Hours

MONDAY	11.00 a.m. - 7.00 p.m.
TUESDAY	11.00 a.m. - 7.00 p.m.
WEDNESDAY	11.00 a.m. - 7.00 p.m.
THURSDAY	11.00 a.m. - 7.00 p.m.
FRIDAY	11.00 a.m. - 9.00 p.m.
SATURDAY	10.00 a.m. - 9.00 p.m.
SUNDAY	9.00 a.m. - 2.00 p.m.

Treatments available out of hours by appointment only.

[www.ENGLISH ROSE HOTELS.co.uk](http://www.ENGLISH ROSE HOTELS.co.uk)



# Royal Beauty

### MANICURES

	Price
Royal Polish	£5.00
French Polish	£8.00
Royal Shape & Polish	£10.00
Creative Spa Manicure	£25.00

Using the creative spa range, hands and lower arms are exfoliated and placed into heated mitts. Cuticle work and nail shaping are followed by a hand and arm massage using a moisturiser, finished with an application of polish.

### CREATIVE NAIL EXTENSIONS

French Style Acrylic	£25.00
Playful Pink Natural Acrylic	£25.00
Extra Nails	£3.00
In Fills	£15.00
Extension Removals	£10.00
Nail Crystals & Gems	from £1.00

### PEDICURES (all pedicures include complimentary flip-flops)

Royal Polish	£5.00
French Polish	£8.00
Royal Shape & Polish	£10.00
Creative Spa Pedicure	£25.00

Using the creative spa range, feet are soaked and exfoliated then placed into heated booties followed by hard skin removal, cuticle work and nail shaping. Followed by a relaxing feet and lower leg massage and finished with polish.

### DERMALOGICA FACIALS

#### Mini Facial **£28.00**

An introduction to Dermalogica products and treatments, includes consultation, face mapping, mini cleanse, tone and moisturise.

#### Dermalogica Skin Performance Facial **£45.00**

After a thorough consultation and facial analysis using face mapping, products are chosen to suit your skin type and needs.

#### Dermalogica for Men **£40.00**

Glowing facial cleanse, tone and massage that eliminates blocked pores and reduces skin sensitivity.

### BODY TREATMENTS

Body Mapping SM is a thorough diagnosis of the skin and an extension of Dermalogica's unique Face Mapping SM analysis. The body is divided into 14 zones, front and back, to collect two kinds of information: body considerations (eg fluid retention) and skin considerations (eg keratosis pilaris), to better tailor the body treatment to the client's individual needs.

#### Dermalogica Body Treatment **£50.00**

Get ready to take on the world again with our revitalising and energising body treatment. We start with exfoliation to remove dulling skin cells, and then move on to specialised aromatherapy and pressure point massage session. Customised mud or gel packs are applied from head to toe to hydrate and detoxify skin, and to wrap it all up, you will receive a deeply relaxing acupressure scalp massage. Mind and body will feel relaxed, regenerated and renewed.

#### Body Foliation Therapy **£30.00**

Give your body the customised exfoliation it needs coupled with the warming sensation it craves! You'll leave this therapy with silky, healthier skin. Recommended for all skin conditions.

#### Deep Cleansing Back Purification **£20.00**

De-stress your muscles and cleanse the skin of impurities with this purifying and relaxing back treatment. A deeply-cleansing scrub sloughs off dead skin cells, readying skin for the removal of toxins. Your hardest parts to reach will be cleaned, polished, hydrated and refreshed!

#### Mud Massage Therapy **£20.00**

A unique and exotic treatment that combines the detoxifying and cleansing capabilities of earth clays with the intensely moisturising power of natural oils.

#### Mineral Salt Scrub Therapy **£30.00**

Completely customised to either energise or reduce stress. This mineral salt scrub therapy polishes the skin to a soft glow while providing critical hydration and nourishment skin needs. Not recommended for sensitive or sensitised skin.

#### Back Treatment **£25.00**

Back exfoliation and massage.

#### Deep Thermal Therapy with Thermal Stamp **£60.00**

Inspired by the practices of Thai Therapy of the 14th century, this Thermal Body Treatment utilizes a unique fabric stamp filled with skin-benefiting ingredients and the power to heat to detoxify, re-mineralize, de-stress, exfoliate and relax. Natural earth clays draw out impurities while Ginger and White Tea stimulate circulation and smooth skin. The deep manipulations along pressure points and the meridian of the body relieve aching muscle tissue and work to rebalance the body.

### MASSAGE (all massages include initial consultation)

#### Foot Spa & Massage **£20.00**

Take the weight off your feet & enjoy a foot pampering.

#### Indian Head Massage **£25.00**

Calming & soothing massage designed to unblock tensions in the shoulders, neck & scalp. Helps to relieve headaches, eye strain & sinus problems.

#### Luxury Back Massage **£28.00**

Alleviate those tense & aching muscles. Perfect for relaxing & unwinding after a long stressful day.

#### Deep Tissue Massage **£35.00**

An invigorating yet relaxing massage for the whole body. Using essential oils & deep pressure to ease stress & muscle fatigue.

#### Full Body Massage **£40.00**

Take a break from the hustle & bustle of everyday life & indulge yourself for an hour of blissful full body massage. Ideal for those needing to unwind & relax.

#### Take Two (Massage for Two) **£90.00**

This is a flowing massage available for two people e.g. couples, friends, husband and wife etc. who can enjoy time together.

#### Duo Back, Shoulder and Neck Massage **£60.00**

(Massage for Two)  
A flowing back, shoulder and neck massage for two people to unwind in a relaxing atmosphere.

All treatments include an initial consultation.

GIFT VOUCHERS ARE AVAILABLE FOR ALL OUR TREATMENTS & MASSAGES.